



BJJAGB

Taking the right stance

THE LATEST UPDATES AND ADVICE FROM BRITISH JU JITSU ASSOCIATION G.B. RELATING TO CORONAVIRUS (COVID-19).

The situation relating to coronavirus (COVID-19) is fast-moving and so our advice to affiliated clubs, competitions and members is to follow the relevant guidance from the Government – available here:

- [Government coronavirus update](#)
- [NHS coronavirus advice](#)
- [World Health Organisation \(WHO\)](#)

Any measures clubs or organisations can put in place to enable an activity to return needs to be capable of being adapted to follow government guidelines on social distancing. e.g. strengthening or relaxing measures at short notice. Organisations are encouraged to think creatively about how best to make their sport or activity possible within the guidelines.

The limit on gatherings - no more than two, unless members of the same household - means that it's unlikely to be possible to organise amateur events or competitions at this time.

Guidance for personal trainers and coaches on the phased return of sport and recreation in England Published 13 May 2020

ADVICE FOR AFFILIATED CLUBS:

We would like to remind clubs that following the measures announced by the Government on 24 March, The British Ju-Jitsu Association strongly advises that all Affiliated Clubs should now be closed to all club-based activity and should not reopen until further notice. This advice will be reviewed, on an ongoing basis, in line with Government guidance.

Frequently Asked Questions:

How will British Ju-Jitsu support clubs during this period?

Any clubs who require help or support during this difficult period can contact their Development Officer / Sensei/ Club Leader in the first instance.

How can we help support our members during this time?

We are working to provide content (workouts, ideas to keep you busy etc) and ideas to help you maintain a good level of fitness and activity away from the dojo and at home to keep a connection with your/our members. Keep an eye out on our social media channels each day for new content that we post.

We're concerned about the financial impact of closing our club for an unknown period?

We are very aware that closing for this extended period could cause financial concerns for some clubs. As the situation becomes clearer, we will be working to signpost any funding or advice which could help your club. In the meantime, if this applies to your club, please contact bjjagb@icloud.com to let us know.

If you are a personal trainer/coach you can now work with clients outdoors, providing you are alone and only meeting with 1 person from outside of your household, outdoors, and you are staying a minimum of 2 metres apart.

You can meet with different clients in a single day as long as it is only via one-to-one sessions and you are maintaining social distancing.

You should also enforce strong hygiene measures. This might be cleaning any equipment rigorously in line with [wider guidance on hygiene](#), for example by using antibacterial spray and washing hands thoroughly before and after use.

What will happen to events and competitions?

On the basis of the guidance from the Government, it is our interpretation of the advice that British Ju-Jitsu Affiliated Competitions and Events would fall into the category of 'public gatherings'. Therefore, we strongly advise that Competitions should not run for the period until 30 June. This reflects our decision to cancel or postpone all events run and managed directly by British Ju-Jitsu for the same period. We will review this on an ongoing basis and continue to provide updates. At this stage, the situation over the next few months is unclear and so it is advisable to make sure you understand the implications of any future cancellation so you can plan ahead, monitoring the likely scenarios and ensure you minimise the impact on your volunteers, competitors and your event itself. You shouldn't feel the need to wait for The British Ju-Jitsu to make a nationwide decision if you feel the right decision for your event is to cancel/postpone.

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